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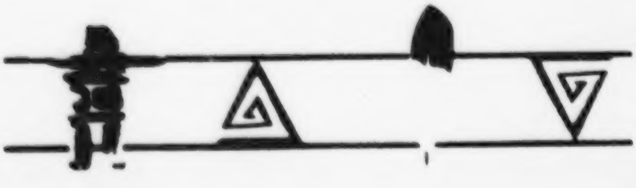
Self-Study Guide

For Community Health Nurses working with First Nations and Inuit Health Branch



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Cat. N° H39-568/6-2001E
ISBN 0-662-29909-4

103-00753

SELF-STUDY GUIDE

for Community Health Nurses Working with First Nations and Inuit Health Branch

What is the Competency Assessment Program?

The First Nations and Inuit Health Branch (FNIHB) has produced a multi-stage Competency Assessment Program for Community Health Nurses working in First Nations and Inuit communities. The Competency Assessment Program has three distinct components: Part I: Self-Assessment, Part II: Multiple-Choice Examinations, and Part III: Clinical Skills Assessment for Expanded Scope of Practice. The content and format of these are the result of a series of working group meetings, surveys, and job analysis efforts that began in June 1999 coordinated by representatives of FNIHB and Community Health Nurses working in these communities.

What is the Self-Study Guide?

The Self-Study Guide is intended to complement the Self-Assessment of Community Health Nurses beginning practice in First Nations and Inuit communities. Parallel to the Self-Assessment, the nursing competencies and clarifying statements in the Self-Study Guide have two distinct areas of focus: (a) Community Health nursing and (b) Treatment nursing. Community Health Nurses should concentrate on clarifying statements related to (a) and Community Health Nurses with a focus in Expanded Scope of Practice should concentrate on clarifying statements related to (b).

This Self-Study Guide contains examples of bibliographic references for each competency included in the Self-Assessment and evaluated in the Multiple-Choice Examinations and the Clinical Skills Assessment for Expanded Scope of Practice. These references include current texts that contain information related directly to the skills and knowledge required of the Community Health Nurse working in First Nations and Inuit settings.

How to use the Self-Study Guide?

Use the Learning Plan developed from your completed Self-Assessment to review competency areas where you have identified competency gaps. The Table of Contents can lead you to the competency area where the specific competencies are listed in the same sequence used for the Self-Assessment. Recall that each competency in the Self-Assessment was followed by a code identifying where the competency could be found in the Self-Study Guide. Use this code to find the competencies identified in your Learning Plan and review the list of example resources for that competency. Community Health Nurses should concentrate on resources related to (a) and Community Health Nurses with a focus in Expanded Scope of Practice should concentrate on resources related to (a) and (b).

The lists of example resources have been compiled to be as current and accessible as possible. In some cases, the references may be available in your work setting, or may be obtained from university and college libraries where formal educational programs are offered for Community Health Nurses. It is your responsibility to obtain appropriate references and to familiarize yourself with these or alternative sources. For each reference in the Self-Study Guide, be sure to obtain the latest edition to get the most current resources possible.

The Self-Study Guide and efforts made by the Community Health Nurse to fill competency gaps using the enclosed bibliography are not a replacement for the educational programs identified as requirements for Community Health Nurses working in First Nations and Inuit communities. Use of the Self-Study Guide is the sole responsibility of the nurse.

TABLE OF CONTENTS

Health Assessment 1

Intervention 17

Family Health 49

Health Promotion and Illness/Injury Prevention 59

Community Development 79

Resource List 89

Supplementary List 93

Educational Programs 94

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Health Assessment

Competency 1:

Perform health assessments, including relevant health history and physical examinations across the lifespan.

Community Health Clarifying Statement:

Perform a systematic health assessment utilizing a development approach for newborn, pediatric, adolescent, adult, pre/postnatal, and elderly.

Treatment Clarifying Statement:

Perform a comprehensive and relevant history and physical assessment in an organized approach such as obtaining identifying data, chief complaint, history of present illness (HPI), and perform the physical by systems using IPPA format for pediatric, adolescent, adult, pre/postnatal, and elderly clients.

Example Resources for Community Health

Community Health Nursing.
Current Medical Diagnosis and Treatment.
Women's Health: A Primary Care Clinical Guide.

Examples of Additional Resources for Treatment

Bate's Guide to Physical Examination and History Taking.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Physical Examination and Health Assessment.

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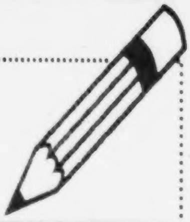

Health Assessment

Competency I:

Perform health assessments, including relevant health history and physical examinations across the lifespan.

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Treatment Clarifying Statement:

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Physical Examination and Health Assessment.

Notes:

Competency 2:

Adapt assessment techniques according to clients' condition and stage of development.

Community Health Clarifying Statement:

Modify assessment techniques for newborn, pediatric, adolescent, adult, pre/postnatal, and elderly.

Treatment Clarifying Statement:

Modify assessment techniques for all age groups and client conditions. Demonstrate the specific techniques utilized in each group and specific items during the assessment that are unique to each group and situation. Utilize IPPA (inspection, palpation, percussion, and auscultation) approach and appropriate assessment tools during the exam (e.g., ophthalmoscope, otoscope, stethoscope, reflex hammer, and vision chart).

Example Resources for Community Health

Community Health Nursing.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Women's Health: A Primary Care Clinical Guide.

Examples of Additional Resources for Treatment

1998 Clinical Practice Guidelines for the Management of Diabetes in Canada.
Bate's Guide to Physical Examination and History Taking.
Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Current Pediatric Diagnosis and Treatment.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Myles Text Book for Midwives.
Pediatric Clinical Skills.

Notes:

Competency 3:

Recognize the deviations/variations from normal findings.

Community Health Clarifying Statement:

Identify normal and abnormal findings for each stage of development.

Treatment Clarifying Statement:

Understand and can identify normal and abnormal findings for each stage of development and for all body systems (e.g., normal versus abnormal liver span, ear drum, etc.).

Example Resources for Community Health

Bate's Guide to Physical Examination and History Taking.
Community Health Nursing.
Current Pediatric Diagnosis and Treatment.
Nurses' Handbook of Health Assessment.

Examples of Additional Resources for Treatment

Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
Myles Textbook for Midwives.

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- *Community Health Nursing.*
- *Current Pediatric Diagnosis and Treatment.*
- *Nurses' Handbook of Health Assessment.*

Examples of Additional Resources for Treatment

- *Clinical Guidelines in Family Practice.*
- *Current Medical Diagnosis and Treatment.*
- *Essential Management of Obstetric Emergencies.*
- *Myles Textbook for Midwives.*

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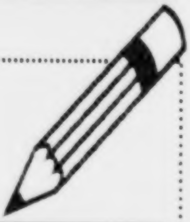


Competency 4:

Analyse the findings from health assessments.

Community Health Clarifying Statement:

Use a problem solving approach (e.g., determine appropriate immunization schedule).

Treatment Clarifying Statement:

Incorporate and organize data from health assessment towards making a diagnosis. Have additional data to work with (e.g., the IPPA findings of all body systems and lab data if available). Interpret the findings to understand what other system these findings may have impacts upon, therefore helping to determine the differential diagnosis (e.g., determining that a child presenting for immunization is ill and determining the cause of the illness and initiating treatment prior to proceeding with immunization).

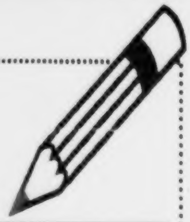
Example Resources for Community Health

- *Bate's Guide to Physical Examination and History Taking.*
- *Physical Examination and Health Assessment.*
- *Therapeutic Choices.*

Examples of Additional Resources for Treatment

- *Clinical Guidelines in Family Practice.*
- *Current Medical Diagnosis and Treatment.*
- *Current Pediatric Diagnosis and Treatment.*
- *Essential Management of Obstetric Emergencies.*
- *FNIHB Clinical Practice Guidelines for Nurses in Primary Care.*
- *Myles Textbook for Midwives.*
- *Pediatric Clinical Skills.*

Notes:



Competency 5:

Synthesize data from multiple sources to establish a differential and working diagnosis.

Community Health Clarifying Statement:

Take data from the history and physical exam, from the past medical history, family history, and psychosocial history to formulate a diagnosis.

Treatment Clarifying Statement:

Take data from the history and physical exam, from the past medical history, family history, and psychosocial history to formulate a diagnosis in order to make provisions for treatment. Have additional data to work with (e.g., the IPPA findings of all body systems, and lab data if available)

Example Resources for Community Health

Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.

Examples of Additional Resources for Treatment

Basic Medical Techniques and Patient Care in Imaging Technology.
Bate's Guide to Physical Examination and History Taking.
Current Pediatric Diagnosis and Treatment.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Myles Textbook for Midwives.
Pediatric Clinical Skills.

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Current Pediatric Diagnosis and Treatment.
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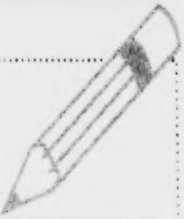

Competency 6:

Identify common health problems/conditions affecting clients across the lifespan.

Community Health Clarifying Statement:

Possess the knowledge of common health conditions and risk factors affecting clients. Common health problems are often related to lifestyle. social and environmental (e.g., smoking and heart disease).

Treatment Clarifying Statement:

Possess the knowledge of common health problems affecting clients at all stages of development and incorporates that knowledge when performing assessments on a client. Possess the knowledge required to incorporate full IPPA techniques. Can take the history and physical and determine risk factors for the client based on age (e.g., mycoplasma pneumonia occurs in young adults. as does mono).

Example Resources for Community Health

Bate's Guide to Physical Examination and History Taking.
Child Health Nursing: Care of the Child and Family.
Clinical Guidelines in Family Practice.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Current Pediatric Diagnosis and Treatment.

Examples of Additional Resources for Treatment

Adult Nurse Practitioner Certification Review Guide.
Basic Medical Techniques and Patient Care in Imaging Technology.
Current Medical Diagnosis and Treatment.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Myles Textbook for Midwives.
Pediatric Clinical Skills.

Notes:

Competency 7:

Communicate verbally and in writing, concise and precise history and physical assessment findings on clients across the lifespan.

Community Health Clarifying Statement:

Communicate history and physical assessment using SOAP format.

Treatment Clarifying Statement:

Communicate relevant history and physical assessment in a chronological, organized format such as identifying data, chief complaint, HPI and documenting the physical by systems using IPPA format.

Example Resources for Community Health

A Nurse's Practical Guide to the Law.
Clinical Guidelines in Family Practice.
Maternal Newborn Nursing: A Family-Centered Approach.

Examples of Additional Resources for Treatment

Bate's Guide to Physical Examination and History Taking.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Nursing in the Community.
Physical Examination and Health Assessment.

Also refer to the current provincial nursing association standards.

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Current Pediatric Diagnosis and Treatment.

Examples of Additional Resources for Treatment

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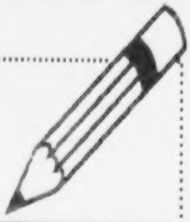

Competency 8:

Consult with other health care providers regarding assessments in an appropriate and timely manner.

Community Health Clarifying Statement:

Communicate with members of health care team to determine plan of care (e.g., referral to dental services).

Treatment Clarifying Statement:

Understand the scope of practice with regard to treatment. Aware of when referral is appropriate and when referral is urgent (e.g., a medevac situation).

Example Resources for Community Health

Clinical Guidelines in Family Practice.
Current Pediatric Diagnosis and Treatment.
Therapeutic Choices.

Examples of Additional Resources for Treatment

Bate's Guide to Physical Examination and History Taking.
Current Emergency Diagnosis and Treatment.
Current Medical Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Hypertension: The Therapeutic Alliance.
Medicine: A Primary Care Approach.
Pediatric Clinical Skills.

Notes:

Competency 9:

Identify common urgent/emergent problems/conditions.

Community Health Clarifying Statement:

Identify common health conditions across the life span. Possess the knowledge and skill to identify those situations that are urgent and emergent and require immediate attention and/or referral.

Treatment Clarifying Statement:

Identify common health problems across the lifespan. Possess the knowledge and skill to identify those situations that are urgent and emergent and require immediate attention and/or referral (e.g., COPD, MI, pneumonia, asthma, etc.).

Example Resources for Community Health

Child Health Nursing: Care of the Child and Family.
Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Current Pediatric Diagnosis and Treatment.
Davis's Manual of Nursing Therapeutics for Diseases and Disorders.

Examples of Additional Resources for Treatment

Canadian Asthma Consensus Conference Summary Recommendations.
Current Emergency Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
Guidelines for the Emergency Management of Asthma in Adults.
Myles Textbook for Midwives.
Pediatric Clinical Skills.

Notes:

Competency 8:

Consult with other health care providers regarding assessments in an appropriate and timely manner.

Community Health Clarifying Statement:

Communicate with members of health care team to determine plan of care (e.g., referral to dental services).

Treatment Clarifying Statement:

Understand the scope of practice with regard to treatment. Aware of when referral is appropriate and when referral is urgent (e.g., a medevac situation).

Example Resources for Community Health

Clinical Guidelines in Family Practice.
Current Pediatric Diagnosis and Treatment.
Therapeutic Choices.

Examples of Additional Resources for Treatment

Bate's Guide to Physical Examination and History Taking.
Current Emergency Diagnosis and Treatment.
Current Medical Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
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Medicine: A Primary Care Approach.
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Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Current Pediatric Diagnosis and Treatment.
Davis's Manual of Nursing Therapeutics for Diseases and Disorders.

Examples of Additional Resources for Treatment

Canadian Asthma Consensus Conference Summary Recommendations.
Current Emergency Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
Guidelines for the Emergency Management of Asthma in Adults.
Myles Textbook for Midwives.
Pediatric Clinical Skills.

Notes:

Competency 10:

Recognize a psycho-social emergency and its broader impact.

Community Health Clarifying Statement:

Possess appropriate assessment skills to identify a mental health crisis and appropriate intervention (e.g.. suicide in the community).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

Communication Skills for the Health Care Professional: Concepts and Techniques.

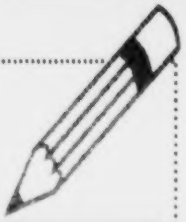
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Myles Textbook for Midwives.

Psychiatric Nursing.

Notes:



Competency II:

Recognize the potential impact of community disasters.

Community Health Clarifying Statement:

Identify factors leading up to or contributing to a community disaster (e.g., forest fires) and plans in consultation with the community and senior nursing management.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

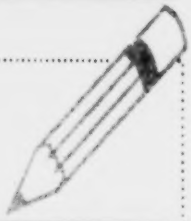
Community Health Nursing.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Health Nursing: Theory and Practice.

Course Manual: Emergency Health Services Planning, Emergency Social Services Planning.

Notes:



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Treatment Clarifying Statement:

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Example Resources for Community Health

Community Health Nursing.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Health Nursing: Theory and Practice.

Course Manual: Emergency Health Services Planning, Emergency Social Services Planning.

Notes:

Competency 12:

Perform screening assessments across the lifespan.

Community Health Clarifying Statement:

Aware of health issues unique to each age group and performs screening as appropriate (e.g., vision, audiometer, and blood sugars).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

Child Health Nursing: Care of the Child and Family.
Community Health and Wellness: A Socioecological Approach.
Current Medical Diagnosis and Treatment.
Occupational Medical Records: An Intricate Confidentiality Issue.
Physical Examination and Health Assessment.

Notes:

Competency 13:

Identify communicable diseases.

Community Health Clarifying Statement:

Identify signs and symptoms of communicable disease including both reportable and non-reportable diseases (e.g., shigella and chicken pox).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

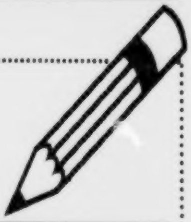
Example Resources for Community Health

Community Health Nursing.

Control of Communicable Diseases Manual.

Current Medical Diagnosis and Treatment.

Notes:



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Control of Communicable Diseases Manual.

Current Medical Diagnosis and Treatment.

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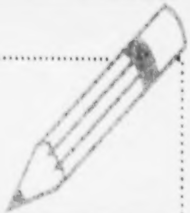


Competency 14:

Determine the need for appropriate diagnostic tests.

Community Health Clarifying Statement:

Assess clients' need for a diagnostic test (e.g., vision screening, and audiometer) and performs test or refers to appropriate agency.

Treatment Clarifying Statement:

Determine the need for diagnostic tests based on findings from assessment (e.g., haemoglobin, x-ray, urinalysis, and wet mount). Either performs the test or refers client for testing (e.g., for urine screening a community health nurse would do a chemstrip and proceed with a urinalysis if abnormal).

Example Resources for Community Health

Child Health Nursing: Care of the Child and Family.
Clinical Guidelines in Family Practice.
Medical Services Branch Scope of Practice: Community Health Nurses Health Centre Facility.

Examples of Additional Resources for Treatment

Basic Medical Techniques and Patient Care in Imaging Technology.
Clinical Decision Making for Nurse Practitioners: A Case Study Approach.
Current Pediatric Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Notes:

Competency 15:

Discuss health assessment findings with clients.

Community Health Clarifying Statement:

Communicate results from health assessment with client, including recommendations for further action: treatment, referral, follow-up. Recommend treatment for lifestyle, social, and primary prevention, but refer for clinical treatment as necessary.

Treatment Clarifying Statement:

Communicate results from health assessment with client, including recommendations for further action: treatment, referral, follow-up. Make recommendations for treatment and more pathophysiological issues - secondary and tertiary prevention.

Example Resources for Community Health

Clinical Guidelines in Family Practice.

Communication Skills for the Health Care Professional: Concepts and Techniques.

Current Medical Diagnosis and Treatment.

Nursing in the Community.

Women's Health: A Primary Care Clinical Guide.

Examples of Additional Resources for Treatment

Bate's Guide to Physical Examination and History Taking.

Essential Management of Obstetric Emergencies.

Myles Textbook for Midwives.

Pediatric Clinical Skills.

Notes:

Competency 14:

Determine the need for appropriate diagnostic tests.

Community Health Clarifying Statement:

Assess clients' need for a diagnostic test (e.g., vision screening, and audiometer) and performs test or refers to appropriate agency.

Treatment Clarifying Statement:

Determine the need for diagnostic tests based on findings from assessment (e.g., haemoglobin, x-ray, urinalysis, and wet mount). Either performs the test or refers client for testing (e.g., for urine screening a community health nurse would do a chemstrip and proceed with a urinalysis if abnormal).

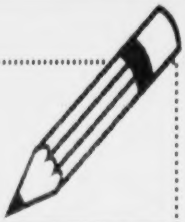
Example Resources for Community Health

Child Health Nursing: Care of the Child and Family.
Clinical Guidelines in Family Practice.
Medical Services Branch Scope of Practice: Community Health Nurses Health Centre Facility.

Examples of Additional Resources for Treatment

Basic Medical Techniques and Patient Care in Imaging Technology.
Clinical Decision Making for Nurse Practitioners: A Case Study Approach.
Current Pediatric Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Notes:



Competency 15:

Discuss health assessment findings with clients.

Community Health Clarifying Statement:

Communicate results from health assessment with client, including recommendations for further action: treatment, referral, follow-up. Recommend treatment for lifestyle, social, and primary prevention, but refer for clinical treatment as necessary.

Treatment Clarifying Statement:

Communicate results from health assessment with client, including recommendations for further action: treatment, referral, follow-up. Make recommendations for treatment and more pathophysiological issues - secondary and tertiary prevention.

Example Resources for Community Health

Clinical Guidelines in Family Practice.
Communication Skills for the Health Care Professional: Concepts and Techniques.
Current Medical Diagnosis and Treatment.
Nursing in the Community.
Women's Health: A Primary Care Clinical Guide.

Examples of Additional Resources for Treatment

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Essential Management of Obstetric Emergencies.
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Pediatric Clinical Skills.

Notes:

Notes:

Interventions

Notes:

Competency I:

Initiate care of common/urgent/emergent problems/conditions affecting clients across the lifespan.

Community Health Clarifying Statement:

Provide the care required for common/urgent/emergent problems/conditions, such as first aid and communicable disease control (e.g., head lice, impetigo, scabies, and chickenpox).

Treatment Clarifying Statement:

Provide the care required for common/urgent/emergent problems/conditions (e.g., ear infections, trauma, and pneumonia) presenting at a nursing station/treatment health facility.

Example Resources for Community Health

- *Clinical Guidelines in Family Practice.*
- *Community Health and Wellness: A Socioecological Approach.*
- *Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.*
- *Current Pediatric Diagnosis and Treatment.*
- *Manual of Emergency Care.*
- *Mosby's Emergency Nursing Reference.*
- *Nursing in the Community.*
- *Nutrition Handbook for Nursing Practice.*

Examples of Additional Resources for Treatment

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Pediatric Clinical Skills.

Notes:

Competency 2:

Manage care of common/ urgent/ emergent problems/ conditions affecting clients across the lifespan.

Community Health Clarifying Statement:

Determine the treatment required for common/urgent/emergent problems/conditions, such as providing first aid, providing appropriate treatment for certain communicable disease control (e.g., head lice), and/or for referral.

Treatment Clarifying Statement:

Determine the care required for common/urgent/emergent problems/conditions (e.g., prescribing antibiotics for the treatment of ear infections, stabilizing trauma/emergency clients by providing emergency intervention until transportation/referral, determining if suturing is required and whether it can be provided at the facility, and providing follow-up for diabetic clients through monitoring and education) that can be managed in a nursing station/treatment health facility.

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Notes:

Competency 3:

Evaluate care of common/ urgent/ emergent problems/ conditions affecting clients across the lifespan.

Community Health Clarifying Statement:

Evaluate the treatment given and adapting nursing care as needed, such as providing first aid, providing appropriate treatment for certain communicable disease control (e.g., head lice), and/or referral of client.

Treatment Clarifying Statement:

Evaluate the treatment given for common/urgent/emergent problems/ conditions that can be managed in a nursing station/treatment health facility. Make changes to treatment regime, such as change of antibiotic based on the results of cultures, assessing wounds sutured in the clinic and determining if sutures should be removed, ongoing evaluation and further stabilization of trauma clients, referral of the diabetic client when condition changes and a change of medication is needed beyond the nurses scope.

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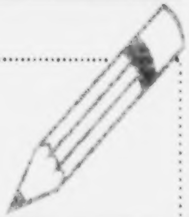

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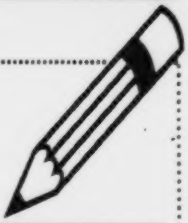

Competency 4a:

Initiate over the counter drugs and therapeutics based on assessment data.

Community Health Clarifying Statement:

Determine and dispense the appropriate over the counter medication to treat the presenting communicable disease (e.g., lice shampoo/cream rinse, acetaminophen for fever control after immunization).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

Current Pediatric Diagnosis and Treatment.
Patient Care Guidelines for Nurse Practitioners.
Therapeutic Choices.

Examples of Additional Resources for Treatment

Compendium of Pharmaceuticals and Specialties.
Current Medical Diagnosis and Treatment.
Drugs of Choice.
Medicine: A Primary Care Approach.
National Nurses Drug Classification System.

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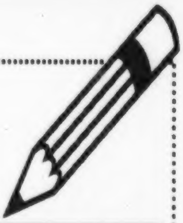

Competency 4b:

Initiate prescription drugs and therapeutics based on assessment data.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Determine and dispense the appropriate prescription medication (e.g., choosing the correct antibiotics including dose and treatment plan, administer xylocaine prior to suturing, providing emergency drugs to stabilize trauma clients prior to transport client when condition changes, and when a change of medication is needed beyond a nurse's scope) that can be managed in a nursing station/treatment health facility.

Example Resources for Community Health

Current Pediatric Diagnosis and Treatment.
Patient Care Guidelines for Nurse Practitioners.
Therapeutic Choices.

Examples of Additional Resources for Treatment

Compendium of Pharmaceuticals and Specialties.
Current Medical Diagnosis and Treatment.
Drugs of Choice.
Medicine: A Primary Care Approach.
National Nurses Drug Classification System.

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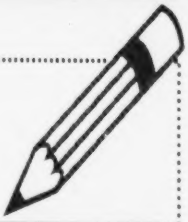

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Community Health Clarifying Statement:

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Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

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Examples of Additional Resources for Treatment

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Current Medical Diagnosis and Treatment.
Drugs of Choice.
Medicine: A Primary Care Approach.
National Nurses Drug Classification System.

Notes:

Competency 4b:

Initiate prescription drugs and therapeutics based on assessment data.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Determine and dispense the appropriate prescription medication (e.g.. choosing the correct antibiotics including dose and treatment plan. administer xylocaine prior to suturing, providing emergency drugs to stabilize trauma clients prior to transport client when condition changes. and when a change of medication is needed beyond a nurse's scope) that can be managed in a nursing station/treatment health facility.

Example Resources for Community Health

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Examples of Additional Resources for Treatment

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Drugs of Choice.
Medicine: A Primary Care Approach.
National Nurses Drug Classification System.

Notes:

Competency 5:

Apply knowledge of pharmacology when prescribing drugs in accordance with National Nurses Drug Classification System.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Utilize pharmacology principles when determining which drugs to prescribe (e.g.. drug to drug interactions. timing of medication. absorption of medication. and whether to take on an empty stomach). Understand drug classifications and their meanings (i.e.. the difference between an A. B. C. or D classified drug).

Example Resources for Community Health

Current Pediatric Diagnosis and Treatment.
Patient Care Guidelines for Nurse Practitioners.
Therapeutic Choices.

Examples of Additional Resources for Treatment

Compendium of Pharmaceuticals and Specialties.
Current Medical Diagnosis and Treatment.
Drugs of Choice.
Medicine: A Primary Care Approach.
National Nurses Drug Classification System.

Notes:

Competency 6:

Dispense drugs in accordance with the National Nurses Drug Classification System.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Dispense drugs according to the classification outlines in the National Nurses Drugs Classification system (e.g., contact a physician for all drugs with a "B" classification to receive orders, initiate "A" drugs after assessing the client's need for this medication, etc.).

Example Resources for Community Health

Current Pediatric Diagnosis and Treatment.
Patient Care Guidelines for Nurse Practitioners.
Therapeutic Choices.

Examples of Additional Resources for Treatment

Compendium of Pharmaceuticals and Specialties.
Current Medical Diagnosis and Treatment.
Drugs of Choice.
Medicine: A Primary Care Approach.
National Nurses Drug Classification System.

Notes:

Competency 5:

Apply knowledge of pharmacology when prescribing drugs in accordance with National Nurses Drug Classification System.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Utilize pharmacology principles when determining which drugs to prescribe (e.g., drug to drug interactions, timing of medication, absorption of medication, and whether to take on an empty stomach). Understand drug classifications and their meanings (i.e., the difference between an A, B, C, or D classified drug).

Example Resources for Community Health

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Examples of Additional Resources for Treatment

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Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

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Example Resources for Community Health

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Examples of Additional Resources for Treatment

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Notes:

Competency 7:

Provide health teaching to clients and their care givers.

Community Health Clarifying Statement:

Instruct client in matters related to their presenting health condition (e.g., how to manage and prevent the spread of head lice).

Treatment Clarifying Statement:

Instruct client in the care and treatment plan for his/her presenting condition (e.g., how to care for sutured laceration and when to return for suture removal; not to drink while on antibiotics and why).

Example Resources for Community Health

- *Clinical Guidelines in Family Practice.*
- *Community Health Nursing.*
- *Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.*
- *Current Pediatric Diagnosis and Treatment.*
- *Nursing in the Community.*
- *Nutrition Handbook for Nursing Practice.*
- *Rose and Black's Clinical Problems in Nephrology.*

Examples of Additional Resources for Treatment

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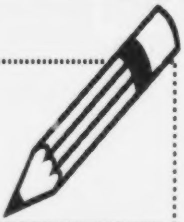

Competency 8:

Assist and support clients in designing therapeutic regimes.

Community Health Clarifying Statement:

Discuss, in consultation with the client, the different management strategies that are available to treat his/her health problem (e.g., Nix Cream rinse for lice or the use of oil) and identifying the risks and benefits of each so client can make an informed decision and have some control over his/her health care. Support the client who wants to see a traditional healer.

Treatment Clarifying Statement:

Discuss, in consultation with the client, the different treatment plans that are available to treat his/her health problem and provide the client with the necessary information so he/she can make an informed decision. For example, for a sore throat, discuss the probability that this condition is viral and that the antibiotics will not shorten the treatment but that the client can return to the clinic if the condition does not improve and to discuss comfort measures and non-pharmacological interventions that can be tried. Support the client who wants to see a traditional healer.

Example Resources for Community Health

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Treatment Clarifying Statement:

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Treatment Clarifying Statement:

Discuss, in consultation with the client, the different treatment plans that are available to treat his/her health problem and provide the client with the necessary information so he/she can make an informed decision. For example, for a sore throat, discuss the probability that this condition is viral and that the antibiotics will not shorten the treatment but that the client can return to the clinic if the condition does not improve and to discuss comfort measures and non-pharmacological interventions that can be tried. Support the client who wants to see a traditional healer.

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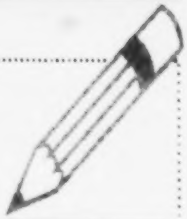

Competency 9:

Assist and support clients in following recommended therapeutic regimes.

Community Health Clarifying Statement:

Support the client when the nursing care plan has been decided in following through with the treatment, such as assisting with referral to a physician, referral to transportation so the client has access to a physician, and providing follow-up at the clinic should condition remain unchanged.

Treatment Clarifying Statement:

Support the client in following the treatment plan by providing information on possible side effects of medication that he/she may expect, when his/her condition should improve, and when he/she should return to the clinic for follow-up or re-evaluation.

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Notes:

Competency 10:

Assist and support clients in evaluating the effectiveness of recommended therapeutic regimes.

Community Health Clarifying Statement:

Help the client evaluate the plan of care and support him/her in making changes to his/her condition (e.g., changing lice treatment plans when the condition remains unresolved).

Treatment Clarifying Statement:

Help the client evaluate the treatment plan and discuss with him/her the factors that may be influencing the response to treatment such as non-compliance and what the nurse and the client can do so the treatment can be effective (e.g., in assessing response to antibiotics the nurse would change the treatment if no response, provided that the change is within their Drug Classification limits. Otherwise, the nurse would refer/consult). Support the client when there is no treatment available in the community and the client must be sent to a bigger centre.

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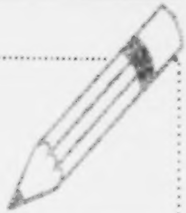

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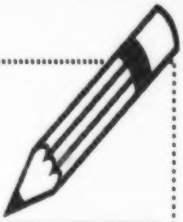

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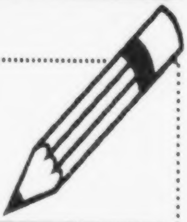

Competency II:

Consult with other health care providers regarding interventions in an appropriate and timely manner.

Community Health Clarifying Statement:

Contact TB control regarding missed medications.

Treatment Clarifying Statement:

Contact physicians to discuss assessment findings in providing care for clients presenting at the clinic who can be managed at the nursing station but may require medication that the nurse is unable to prescribe (e.g., cimetidine) or will require stabilization with medication and then transferring to hospital (e.g., a client presenting with possible myocardial infarct, acute abdomen, or a child in respiratory distress).

Example Resources for Community Health

- *Community Health and Wellness: A Socioecological Approach.*
- *Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.*
- *Home Care Manual: Making the Transition.*
- *Into the Community: Nursing in Ambulatory and Home Care.*
- *Manual of Clinical Trauma Care.*

Examples of Additional Resources for Treatment

- *Clinical Guidelines in Family Practice.*
- *Current Pediatric Diagnosis and Treatment.*
- *Essential Management of Obstetric Emergencies.*
- *FNIHB Clinical Practice Guidelines for Nurses in Primary Care.*
- *Myles Textbook for Midwives.*
- *Pediatric Clinical Skills.*

Notes:

Competency 12:

Take steps to ensure that equipment is available and operational when needed.

Community Health Clarifying Statement:

Determine that equipment in the community health center is operational (e.g., audiometer, BP cuff, and glucose monitoring equipment for diabetic teaching).

Treatment Clarifying Statement:

Check to ensure the required equipment is available and is in good working order (e.g., oto/ophthalmoscope, suction machines, and suture sets). Equipment varies so the nurse must assess this whenever entering a different facility.

Example Resources for Community Health

Canadian Immunization Guide.
Canadian STD Guidelines.
Child Health Nursing: Care of the Child and Family.
Code of Ethics for Registered Nurses.
Community Health Nursing: Theory and Practice.
Compendium of Pharmaceuticals and Specialties.
How to Survive ACLS.
Manual of Clinical Trauma Care.
National Guidelines for Neonatal Resuscitation.
Nurses and Families: A Guide to Family Assessment and Intervention.

Examples of Additional Resources for Treatment

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Clinical Guidelines in Family Practice.
Critical Nursing Skills and Technique.
Essentials of Nurse Anesthesia.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Quick Reference for Advanced Cardiac Life Support.
Rapid Interpretation of EKG's.

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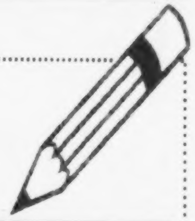

Competency II:

Consult with other health care providers regarding interventions in an appropriate and timely manner.

Community Health Clarifying Statement:

Contact TB control regarding missed medications.

Treatment Clarifying Statement:

Contact physicians to discuss assessment findings in providing care for clients presenting at the clinic who can be managed at the nursing station but may require medication that the nurse is unable to prescribe (e.g., cimetidine) or will require stabilization with medication and then transferring to hospital (e.g., a client presenting with possible myocardial infarct, acute abdomen, or a child in respiratory distress).

Example Resources for Community Health

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
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Quick Reference for Advanced Cardiac Life Support.
Rapid Interpretation of EKG's.

Competency 13:

Operate specific emergency equipment.

Community Health Clarifying Statement:

Know how to operate the equipment in the community health center (e.g., anaphylaxis kit).

Treatment Clarifying Statement:

Know how to use the equipment available in the health facility where the nurse is working. Equipment varies so the nurse must assess this whenever entering a different facility.

Example Resources for Community Health

Canadian Immunization Guide.
Canadian STD Guidelines.
Child Health Nursing: Care of the Child and Family.
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FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Quick Reference for Advanced Cardiac Life Support.
Rapid Interpretation of EKG's.

Notes:

Competency 14:

Initiate intravenous fluid therapy according to the needs of the client.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Understand the principles of fluid therapy and know which fluid to use when, site, ability to start an intravenous, and the rate of infusion.

Example Resources for Treatment

Basic Trauma Life Support For Paramedics and Advanced EMS Providers.
Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Current Pediatric Diagnosis and Treatment.
Essential Management of Obstetric Emergencies.
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Clinical Guidelines in Family Practice.
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FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Infusion Therapy.

Notes:

Competency 15:

Apply principles of wound management including suturing.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Demonstrate the principles of wound management from assessment, anaesthesia, equipment, suturing, and after care.

Example Resources for Treatment

Clinical Guidelines in Family Practice.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Wound Evaluation and Cleansing.

Notes:

Competency 16:

Manage psycho-social emergencies using knowledge of crisis intervention.

Community Health Clarifying Statement:

Identify that a client is having a psycho-social emergency and assist the client to access the appropriate care. The nurse needs to be aware of resources within their community to support the nurse in providing crisis intervention.

Treatment Clarifying Statement:

Recognize that a client is having a psycho-social emergency and provide immediate interventions, such as suicidal risk, in consultation as needed, and then assist the client to access the appropriate treatment. In nursing station and treatment facilities this may mean that the client is in the community for a longer period of time before they can be sent out for further treatment. Is aware of resources within their community to support the practitioner in providing crisis intervention.

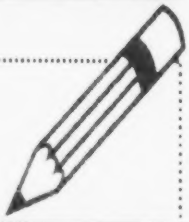
Example Resources for Community Health

Comprehensive Psychiatric Nursing.
Current Medical Diagnosis and Treatment.
Psychiatric Nursing.
Psychiatric Primary Care.

Examples of Additional Resources for Treatment

Clinical Guidelines in Family Practice.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Psychiatric Nursing: Contemporary Practice.
Therapeutic Choices.

Notes:



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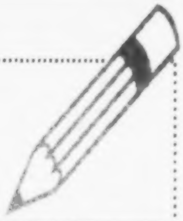

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Psychiatric Primary Care.

Examples of Additional Resources for Treatment

Clinical Guidelines in Family Practice.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Psychiatric Nursing: Contemporary Practice.
Therapeutic Choices.

Notes:

Competency 17:

Assist in the management of community disasters.

Community Health Clarifying Statement:

Work with community members in developing a plan to be implemented should a disaster occur (e.g., forest fires or flood).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Treatment

Basic Trauma Life Support For Paramedics and Advanced EMS Providers.
Cambridge Textbook of Accident and Emergency Medicine.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Flight Nursing Core Curriculum.
Flight Nursing Principles and Practice.
Patient Care in Flight.

Notes:

Competency 18:

Implement general principles of medical evacuation.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Understand the principles of medical evacuation including the effects of altitude on patient conditions (e.g., abdominal conditions and the need for an nasogastric tube prior to transport, oxygen requirements) length of trip, securing the client in the aircraft or road ambulance, number of medical personnel needed (e.g., need two if sending out a woman in labour) as well as when to transport and when not to transport.

Example Resources for Treatment

Basic Trauma Life Support For Paramedics and Advanced EMS Providers.
Cambridge Textbook of Accident and Emergency Medicine.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
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Cambridge Textbook of Accident and Emergency Medicine.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Flight Nursing Core Curriculum.
Flight Nursing Principles and Practice.
Patient Care in Flight.

Notes:

Competency 19:

Manage medical evacuations.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Manage the medical evacuation by making the necessary arrangements and determining the type of carrier required, stabilizing the client prior to transport, ensuring that enough and all equipment needed during the medevac is available, ensuring that the client is well secured in the aircraft or road ambulance, knowing the number of medical personnel needed (e.g., need two if sending out a woman in labour) and when to transport and when not to transport.

Example Resources for Treatment

Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Flight Nursing Core Curriculum.
Flight Nursing Principles and Practice.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Notes:

Competency 20a:

Communicate verbally and in writing, clinical interventions on clients across the lifespan.

Community Health Clarifying Statement:

Document all findings/interactions in a concise precise chronological order (e.g., using the SOAP format) on the client record and on all pertinent records.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

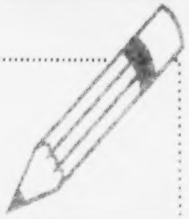
Example Resources for Community Health

Current Pediatric Diagnosis and Treatment.
Fundamentals of Nursing: The Art and Science of Nursing Care.

Examples of Additional Resources for Treatment

A Nurse's Practical Guide to the Law.
Canadian Immunization Guide.
Compendium of Pharmaceuticals and Specialties.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Geriatric Dosage Handbook.

Notes:



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Flight Nursing Core Curriculum.
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Example Resources for Community Health

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Fundamentals of Nursing: The Art and Science of Nursing Care.

Examples of Additional Resources for Treatment

A Nurse's Practical Guide to the Law.
Canadian Immunization Guide.
Compendium of Pharmaceuticals and Specialties.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Geriatric Dosage Handbook.

Notes:

Competency 20b:

Meet legal requirements for documentation of prescriptive therapy.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Document all prescriptive therapy (e.g., indicating to whom the drug was dispensed, amount dispensed, recording all narcotic and controlled drugs in a narcotic register and that they are secured in the facility, completing medication labels with complete information, and including this same information in the client record).

Example Resources for Community Health

Current Pediatric Diagnosis and Treatment.

Fundamentals of Nursing: The Art and Science of Nursing Care.

Examples of Additional Resources for Treatment

A Nurse's Practical Guide to the Law.

Canadian Immunization Guide.

Compendium of Pharmaceuticals and Specialties.

FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Geriatric Dosage Handbook.

Notes:

Competency 21:

Utilize safety precautions (e.g., client, equipment, and self).

Community Health Clarifying Statement:

Ensure the safety of the client, colleagues and one's self in all areas of practice and ensuring safe and responsible operation and use of all equipment (e.g., protection of eyes during the administration of a BCG, exercises precautions to prevent needle stick injuries, etc.)

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

Canadian Immunization Guide.
Current Medical Diagnosis and Treatment.
Current Pediatric Diagnosis and Treatment.
The Lippincott Manual of Nursing Practice.

Notes:

Competency 20b:

Meet legal requirements for documentation of prescriptive therapy.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Document all prescriptive therapy (e.g.. indicating to whom the drug was dispensed. amount dispensed. recording all narcotic and controlled drugs in a narcotic register and that they are secured in the facility. completing medication labels with complete information. and including this same information in the client record).

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Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources for Community Health

Canadian Immunization Guide.
Current Medical Diagnosis and Treatment.
Current Pediatric Diagnosis and Treatment.
The Lippincott Manual of Nursing Practice.

Notes:

Competency 22:

Take steps to ensure that diagnostic equipment is available and operational when needed.

Community Health Clarifying Statement:

Routinely inspect diagnostic equipment (e.g., audiometer, Goodlight for vision screening, and infant scale) to ensure it is ready for everyday use at all times.

Treatment Clarifying Statement:

Inspect diagnostic equipment (e.g., audiometers, x-ray machines, AED, ECG machines, and microscopes) to ensure it is ready for everyday use.

Example Resources for Community Health

Bate's Guide to Physical Examination and History Taking.

Clinical Decision Making for Nurse Practitioners: A Case Study Approach.

Current Medical Diagnosis and Treatment.

Medical Services Branch Scope of Practice: Community Health Nurses Health Centre Facility.

Examples of Additional Resources for Treatment

Basic Trauma Life Support For Paramedics and Advanced EMS Providers.

Clinical Guidelines in Family Practice.

Critical Nursing Skills and Technique.

Essentials of Nurse Anesthesia.

FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Illustrated Guide to Diagnostic Tests.

Medical-Surgical Nursing.

Quick Reference for Advanced Cardiac Life Support.

Notes:

Competency 23:

Perform venipuncture.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Demonstrate venipuncture technique including client and equipment preparation, perform venipuncture, specimen preparation, and after care.

Example Resources for Treatment

A Manual of Laboratory and Diagnostic Tests.
Current Medical Diagnosis and Treatment.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Infusion Therapy.
Management Guidelines for Adult Nurse Practitioners.
Management Guidelines for Gerontology Nurse Practitioners.
Management Guidelines for Pediatric Nurse Practitioners.
Management Guidelines for Women's Health Nurse Practitioners.
Plumer's Principles and Practice of Intravenous Therapy.
Rapid Interpretation of EKG's.

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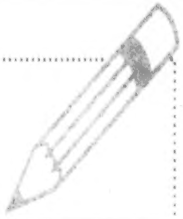

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M121

IMPORTANT NOTE CONCERNING THE FOLLOWING PAGES

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Competency 24:

Perform specimen collection appropriate to treatment settings (e.g., STD swabs, pap smears, gastric washings for TB, and microscopy for wet mount/clue cells).

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Follow proper procedures and techniques in the collection of specimens adhering to practice guidelines regarding client safety, aseptic technique, and universal precautions (e.g., STD swabs, pap smears, gastric washings for TB, and microscopy for wet mount/clue cells).

Example Resources for Treatment

A Manual of Laboratory and Diagnostic Tests.
Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Management Guidelines for Adult Nurse Practitioners.
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Management Guidelines for Pediatric Nurse Practitioners.
Management Guidelines for Women's Health Nurse Practitioners.
Rapid Interpretation of EKG's.

Notes:

Competency 25:

Interpret diagnostic laboratory results and respond appropriately.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Determine abnormal findings from diagnostic laboratory results (e.g., abnormal haemoglobin, culture, and sensitivity reports) and use the results as a basis for diagnosis and treatment (e.g., having determined that an organism is resistant to the originally prescribed antibiotic, the nurse chooses the appropriate antibiotic).

Example Resources for Treatment

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Clinical Guidelines in Family Practice.
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FNIHB Clinical Practice Guidelines for Nurses in Primary Care.
Management Guidelines for Adult Nurse Practitioners.
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** Also refer to the facility's lab manual.*

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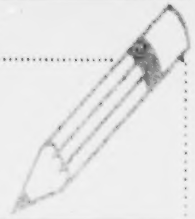

Competency 26:

Apply the knowledge and principles of radiology in order to safely perform x-rays of chest/limbs.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Safely operate an x-ray machine (i.e.. is fully certified) and understand the principles and procedures necessary to properly x-ray chest and limbs.

Example Resources for Treatment

Basic Medical Techniques and Patient Care in Imaging Technology.
Clinical Guidelines in Family Practice.
Manual of Radiographic Interpretation for General Practitioners.
Pediatric Primary Care.
Therapeutic Choices.

** Also refer to the facility's lab manual.*

Notes:

Competency 27:

Provide basic interpretation of chest and limb films and respond appropriately.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Make accurate assessments from chest or limb x-rays and determine the appropriate treatment or recommendation for treatment (e.g., detects fractures, pneumonia, etc.).

Example Resources for Treatment

Basic Medical Techniques and Patient Care in Imaging Technology.
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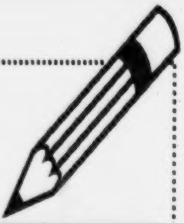
Notes:



Competency 27:

Provide basic interpretation of chest and limb films and respond appropriately.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Make accurate assessments from chest or limb x-rays and determine the appropriate treatment or recommendation for treatment (e.g., detects fractures, pneumonia, etc.).

Example Resources for Treatment

Basic Medical Techniques and Patient Care in Imaging Technology.
Clinical Guidelines in Family Practice.
Manual of Radiographic Interpretation for General Practitioners.
Pediatric Primary Care.
Therapeutic Choices.

** Also refer to the facility's lab manual.*

Notes:

Competency 28:

Apply knowledge in order to accurately perform ECG's.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Apply knowledge of anatomy to landmark the chest and limbs to ensure an accurate ECG.

Example Resources for Treatment

- *Cardiac Diagnostic Tests.*
- *Clinical Guidelines in Family Practice.*
- *Current Medical Diagnosis and Treatment.*
- *Medicine: A Primary Care Approach.*
- *Rapid Interpretation of EKG's.*
- *The Only EKG Book You'll Ever Need.*
- *The Practice of Electrocardiography: A Problem Solving Guide to Confident Interpretation.*
- *Understanding Electrocardiography.*

Notes:

Competency 29:

Provide basic interpretation of ECG's and respond appropriately.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Interpret the results of an ECG based on his /her knowledge of rate, rhythm, axis (direction of flow), hypertrophy, infarction, and ischaemia.

Example Resources for Treatment

Cardiac Diagnostic Tests.
Clinical Guidelines in Family Practice.
Current Medical Diagnosis and Treatment.
Medicine: A Primary Care Approach.
Rapid Interpretation of EKG's.
The Only EKG Book You'll Ever Need.
The Practice of Electrocardiography: A Problem Solving Guide to Confident Interpretation.
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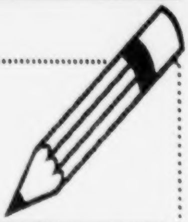

Competency 28:

Apply knowledge in order to accurately perform ECG's.

Community Health Clarifying Statement:

Not Applicable.

Treatment Clarifying Statement:

Apply knowledge of anatomy to landmark the chest and limbs to ensure an accurate ECG.

Example Resources for Treatment

Cardiac Diagnostic Tests.
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The Only EKG Book You'll Ever Need.
The Practice of Electrocardiography: A Problem Solving Guide to Confident Interpretation.
Understanding Electrocardiography.

Notes:

Notes:

Family Health

Notes:

Competency I:

Understand the uniqueness of family structures.

Community Health Clarifying Statement:

Understand that the nature of families is dependent on socio-culture factors and can vary immensely within a community (e.g., nuclear, extended, adoption, fostering, divorced, and homosexual).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Code of Ethics for Registered Nurses.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Nurses and Families: A Guide to Family Assessment and Intervention.

Transcultural Nursing: Assessment and Intervention.

Family Health

Competency I:

Understand the uniqueness of family structures.

Community Health Clarifying Statement:

Understand that the nature of families is dependent on socio-culture factors and can vary immensely within a community (e.g., nuclear, extended, adoption, fostering, divorced, and homosexual).

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Example Resources

Code of Ethics for Registered Nurses.
Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.
Nurses and Families: A Guide to Family Assessment and Intervention.
Transcultural Nursing: Assessment and Intervention.

Notes:

Competency 2:

Complete a family assessment.

Community Health Clarifying Statement:

Obtain specific and relevant information regarding family structure. dynamics. emotional. social. and economic factors in order to assess and meet health needs.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Concepts and Practices.

Nurses and Families: A Guide to Family Assessment and Intervention.

Nursing Assessment of Health Promotion: Strategies Through the Lifespan.

Nursing Care in the Community.

Notes:

Competency 3:

Assist families to identify health concerns.

Community Health Clarifying Statement:

Facilitate and help families identify health concerns (e.g., individual, psycho social, physiological, and environmental) through shared dialogue and interviews.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing.
Community Health Nursing: Concepts and Practices.
Nurses and Families: A Guide to Family Assessment and Intervention.
Nursing Care in the Community.

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Example Resources

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Community Health Nursing: Concepts and Practices.

Nurses and Families: A Guide to Family Assessment and Intervention.

Nursing Care in the Community.

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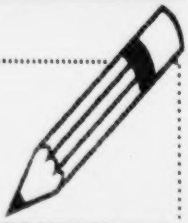


Competency 4:

Identify a family's potential for change/willingness to accept service from the health care provider.

Community Health Clarifying Statement:

Assess the family/client's level of understanding of their health needs and verify that their acceptance of treatment is based on that understanding.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

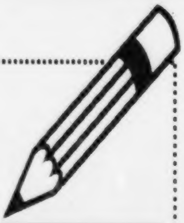
Example Resources

Community Health Nursing.

Health Assessment and Promotion Strategies Through the Life Span.

Nurses and Families: A Guide to Family Assessment and Intervention.

Notes:



Competency 5:

Consider strengths and limitations when planning care with the family.

Community Health Clarifying Statement:

Incorporate knowledge of the family (e.g., structure, dynamics, emotional, social, and economic factors) when planning care (e.g., family's resources for coping).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Current Pediatric Diagnosis and Treatment.
Nurses and Families: A Guide to Family Assessment and Intervention.

Notes:

Competency 4:

Identify a family's potential for change/willingness to accept service from the health care provider.

Community Health Clarifying Statement:

Assess the family client's level of understanding of their health needs and verify that their acceptance of treatment is based on that understanding.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing.

Health Assessment and Promotion Strategies Through the Life Span.

Nurses and Families: A Guide to Family Assessment and Intervention.

Notes:

Competency 5:

Consider strengths and limitations when planning care with the family.

Community Health Clarifying Statement:

Incorporate knowledge of the family (e.g., structure, dynamics, emotional, social, and economic factors) when planning care (e.g., family's resources for coping).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

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Community Health Nursing.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Current Pediatric Diagnosis and Treatment.
Nurses and Families: A Guide to Family Assessment and Intervention.

Notes:

Competency 6:

Provide health education to families.

Community Health Clarifying Statement:

Provide the family with relevant information for both preventative and acute health issues (e.g., fire safety in the home, child proofing the house for toddlers, etc.).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Immunization Guide.
Community Health Nursing.
Community Health Nursing: Concepts and Practices.

Notes:

Competency 7:

Identify resources to assist families in meeting their health needs.

Community Health Clarifying Statement:

Direct members of the family to other health agencies, resources, or literature (e.g., NADDAP services).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Communication Skills for the Health Care Professional: Concepts and Techniques.

Community Health Nursing.

Nursing Care in the Community.

Notes:

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Treatment Clarifying Statement:

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Example Resources

Communication Skills for the Health Care Professional: Concepts and Techniques.

Community Health Nursing.

Nursing Care in the Community.

Notes:

Competency 8:

Assist families to access resources in order to meet their health needs.

Community Health Clarifying Statement:

Provide families with relevant materials or literature or provides and initiates contact with other health agencies.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing.
Comprehensive Psychiatric Nursing.
Nursing Care in the Community.

Notes:

Competency 9:

Provide family counselling.

Community Health Clarifying Statement:

Incorporate listening and verbal skills when counselling the family/client.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

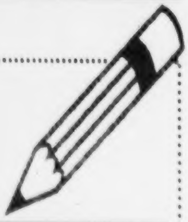
Communication Skills for the Health Care Professional: Concepts and Techniques.

Community Nursing: Promoting Canadians' Health.

Family Psychiatric Nursing.

Fundamentals of Nursing: The Art and Science of Nursing Care.

Notes:



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Example Resources

Communication Skills for the Health Care Professional: Concepts and Techniques.

Community Nursing: Promoting Canadians' Health.

Family Psychiatric Nursing.

Fundamentals of Nursing: The Art and Science of Nursing Care.

Notes:

Competency 10:

Assist and support families in evaluating their progress towards meeting their health needs.

Community Health Clarifying Statement:

Discuss ongoing health needs with the family and facilitate and support their participation in both the implementation and evaluation of their health care.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Child Health Nursing: Care of the Child and Family.

Clinical Guidelines in Family Practice.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Nursing Care in the Community.

Notes:

Health Promotion and Illness/Injury Prevention

Competency 1:

Apply principles of teaching and learning in the implementation of community based education (e.g., individuals, groups, and aggregates).

Community Health Clarifying Statement:

Demonstrate knowledge of educational theories by being able to design and implement client education programs.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Concepts and Practices.

Community Health Nursing: Theory and Practice.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Nursing Care in the Community.

Nursing in the Community.

Notes:

Competency 10:

Assist and support families in evaluating their progress towards meeting their health needs.

Community Health Clarifying Statement:

Discuss ongoing health needs with the family and facilitate and support their participation in both the implementation and evaluation of their health care.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Child Health Nursing: Care of the Child and Family.

Clinical Guidelines in Family Practice.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Nursing Care in the Community.

Notes:

Health Promotion and Illness/Injury Prevention

Competency I:

Apply principles of teaching and learning in the implementation of community based education (e.g., individuals, groups, and aggregates).

Community Health Clarifying Statement:

Demonstrate knowledge of educational theories by being able to design and implement client education programs.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Concepts and Practices.

Community Health Nursing: Theory and Practice.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Nursing Care in the Community.

Nursing in the Community.

Notes:

Competency 2:

Participate in compiling qualitative and quantitative information on clients (e.g., epidemiological information, interviews, surveys, research findings, and community events).

Community Health Clarifying Statement:

Observe for patterns and distribution of health and disease phenomenon in the community (e.g., monitoring the diabetics in the community).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Control of Communicable Diseases Manual.

Foundations of Nursing Research.

Notes:

Competency 3:

Utilize knowledge of research findings.

Community Health Clarifying Statement:

Use research findings to target programs and allocate resources more effectively (e.g., data from monitoring the prevalence of diabetes in the community).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: *Promoting Health of* ***Aggregates, Families, and Individuals.***

Community Nursing: *Promoting Canadians' Health.*

Merck *Manual of Diagnosis and Therapy.*

Notes:

Competency 2:

Participate in compiling qualitative and quantitative information on clients (e.g., epidemiological information, interviews, surveys, research findings, and community events).

Community Health Clarifying Statement:

Observe for patterns and distribution of health and disease phenomenon in the community (e.g.. monitoring the diabetics in the community).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

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Community Health Clarifying Statement:

Use research findings to target programs and allocate resources more effectively (e.g., data from monitoring the prevalence of diabetes in the community).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Merck Manual of Diagnosis and Therapy.

Notes:

Competency 4:

Apply the concepts of population health.

Community Health Clarifying Statement:

Select population health strategies that address the entire range of factors that determine health and that are designed to affect the health and well being of the entire population.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing.

Community Nursing: Promoting Canadians' Health.

Control of Communicable Diseases Manual.

Notes:

Competency 5:

Encourage clients to be actively involved in health promotion/prevention activities.

Community Health Clarifying Statement:

Mobilize individuals, families, groups and communities to take individual and collective action on the determinants of health in their communities. Facilitates development and support for community-based services.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Nutrition Handbook for Nursing Practice.

Notes:

Competency 4:

Apply the concepts of population health.

Community Health Clarifying Statement:

Select population health strategies that address the entire range of factors that determine health and that are designed to affect the health and well being of the entire population.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

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Community Nursing: Promoting Canadians' Health.

Control of Communicable Diseases Manual.

Notes:

Competency 5:

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Community Health Clarifying Statement:

Mobilize individuals, families, groups and communities to take individual and collective action on the determinants of health in their communities. Facilitates development and support for community-based services.

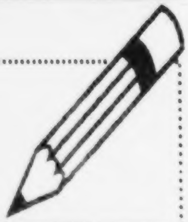
Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Nutrition Handbook for Nursing Practice.

Notes:



Competency 6:

Identify client health promotion/prevention needs.

Community Health Clarifying Statement:

Assess client need(s) and identify those areas that require intervention to limit health risks and maximize health benefits.

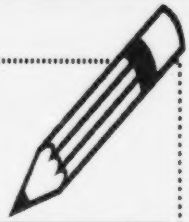
Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

- *Child Health Nursing: Care of the Child and Family.*
- *Nursing Assessment of Health Promotion: Strategies Through the Lifespan.*
- *Women's Health: A Primary Care Clinical Guide.*

Notes:



Competency 7:

Determine the need for health promotion/ prevention strategies/ programs.

Community Health Clarifying Statement:

Work with a community to identify their assets and needs, determine priority issues, and develop strategies and steps for action.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Advanced Practice: Psychiatric Nursing.
Community Health Nursing.
Community Health Nursing: Concepts and Practices.
Wellness: Nursing Diagnosis for Health Promotion.

Notes:

Competency 6:

Identify client health promotion/prevention needs.

Community Health Clarifying Statement:

Assess client need(s) and identify those areas that require intervention to limit health risks and maximize health benefits.

Treatment Clarifying Statement:

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Nursing Assessment of Health Promotion: Strategies Through the Lifespan.

Women's Health: A Primary Care Clinical Guide.

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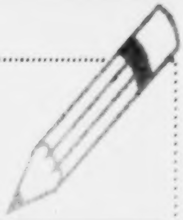

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Treatment Clarifying Statement:

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Example Resources

***Advanced Practice**: Psychiatric Nursing.*
Community Health Nursing.
***Community Health Nursing**: Concepts and Practices.*
***Wellness**: Nursing Diagnosis for Health Promotion.*

Notes:

Competency 8:

Develop health promotion/prevention strategies.

Community Health Clarifying Statement:

Work with the community to sketch out possible interventions and to select the best set of activities (e.g., a weekly walking program or nutritional cooking sessions).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Concepts and Practices.
Nursing Care in the Community.
Nursing in the Community.

Notes:

Competency 9:

Develop health promotion/prevention programs.

Community Health Clarifying Statement:

Work collaboratively with the health care team to plan a series of activities that will focus on the target population to achieve the desired goals (e.g., to meet the common goal of managing obesity, the nurse might provide education on healthy nutrition or have the Community Health Representative discuss the benefits of exercise).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Community Health Nursing: Theory and Practice.
Nursing Care in the Community.
Wellness: Nursing Diagnosis for Health Promotion.

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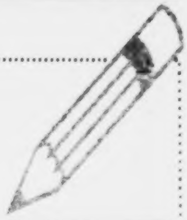

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Nursing Care in the Community.
Nursing in the Community.

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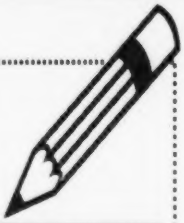

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Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Community Health Nursing: Theory and Practice.
Nursing Care in the Community.
Wellness: Nursing Diagnosis for Health Promotion.

Notes:

Competency 10:

Implement health promotion/prevention programs (e.g., school health, prenatal care, men/women health, and injury prevention).

Community Health Clarifying Statement:

Carry out the work/activities so that the service is provided to the target population for which it was designed (e.g., has prenatal videos playing in the waiting room while clients await their prenatal check-ups).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

- *Community Health and Wellness: A Socioecological Approach.*
- *Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.*
- *Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.*
- *Nursing in the Community.*
- *Perinatal Nursing.*

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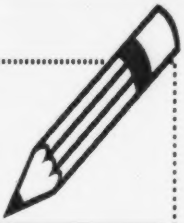

Competency II:

Evaluate health promotion/prevention strategies.

Community Health Clarifying Statement:

Collect data to determine whether the interventions have had the desired impact (e.g., for a walking program the indicators might be number of participants and reductions in blood sugar, weight, or blood pressure).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Immunization Guide.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Foundations of Nursing Research.

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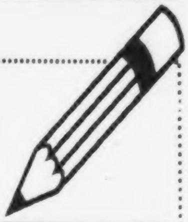

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Treatment Clarifying Statement:

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Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.
Nursing in the Community.
Perinatal Nursing.

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Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Immunization Guide.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

FNIHB Clinical Practice Guidelines for Nurses in Primary Care.

Foundations of Nursing Research.

Notes:

Competency 12:

Evaluate health promotion/prevention programs.

Community Health Clarifying Statement:

Collect data to determine whether the goals and objectives of the program have been met.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate & Community Practice.

Notes:

Competency 13:

Establish intersectoral partnerships.

Community Health Clarifying Statement:

Encourage and participate in health promoting initiatives with other sectors of the community (e.g., strategies to promote safe environments for children and healthy living conditions for families might include working with school teachers/social services).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate & Community Practice.

Notes:

Competency 12:

Evaluate health promotion/prevention programs.

Community Health Clarifying Statement:

Collect data to determine whether the goals and objectives of the program have been met.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate & Community Practice.

Notes:

Competency 13:

Establish intersectoral partnerships.

Community Health Clarifying Statement:

Encourage and participate in health promoting initiatives with other sectors of the community (e.g., strategies to promote safe environments for children and healthy living conditions for families might include working with school teachers/social services).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

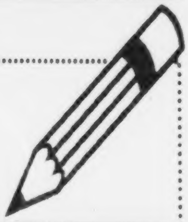
Example Resources

Community Health and Wellness: A Socioecological Approach.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate & Community Practice.

Notes:



Competency 14:

Implement communicable disease programs.

Community Health Clarifying Statement:

Manage resources to prevent, detect, control, and treat communicable disease outbreaks. Include both reportable and non-reportable diseases, immunization clinics.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Tuberculosis Standards.
Community Health Nursing: Caring in Action.
Nurse's Guide to Successful Test-Taking.

Notes:

Competency 15:

Provide community-based education regarding communicable disease control.

Community Health Clarifying Statement:

Provide education to communities in order to maximize community awareness and participation in controlling an outbreak and preventing future outbreaks (e.g., teaching high school aged children about STD's, teaching families about hand washing and disposal of diapers for Shigella, etc.).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Tuberculosis Standards.

Community Health Nursing: Concepts and Practices.

Control of Communicable Diseases Manual.

Merck Manual of Diagnosis and Therapy

Nursing in the Community.

Notes:

Competency 14:

Implement communicable disease programs.

Community Health Clarifying Statement:

Manage resources to prevent, detect, control, and treat communicable disease outbreaks. Include both reportable and non-reportable diseases, immunization clinics.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Tuberculosis Standards.
Community Health Nursing: Caring in Action.
Nurse's Guide to Successful Test-Taking.

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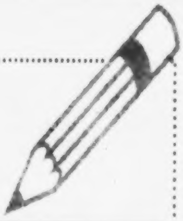

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Treatment Clarifying Statement:

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Example Resources

Canadian Tuberculosis Standards.
Community Health Nursing: Concepts and Practices.
Control of Communicable Diseases Manual.
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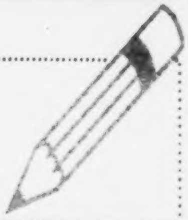


Competency 16:

Manage an immunization program.

Community Health Clarifying Statement:

Plan, co-ordinate, deliver, monitor, and evaluate immunization programs. Keep statistics on community immunization rates, notify community of clinics, and keeps logs of when client immunizations are due.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

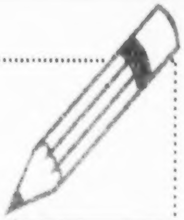
Canadian Immunization Guide.

Community Health Nursing: Concepts and Practices.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Health Assessment and Promotion Strategies Through the Life Span.

Notes:



Competency 17:

Identify surveillance measures.

Community Health Clarifying Statement:

List the types of potential health problems in the community (e.g., communicable diseases, accidents and injuries, and chronic illnesses) and then select method to detect the incidence and prevalence of cases in the community.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Caring in Action.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Control of Communicable Diseases Manual.

Notes:

Competency 16:

Manage an immunization program.

Community Health Clarifying Statement:

Plan, co-ordinate, deliver, monitor, and evaluate immunization programs. Keep statistics on community immunization rates, notify community of clinics, and keeps logs of when client immunizations are due.

Treatment Clarifying Statement:

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Example Resources

- *Canadian Immunization Guide.*
- *Community Health Nursing: Concepts and Practices.*
- *Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.*
- *Health Assessment and Promotion Strategies Through the Life Span.*

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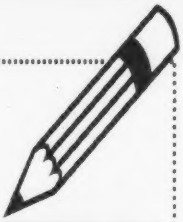

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Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

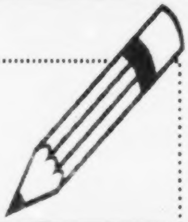
Example Resources

Community Health Nursing: Caring in Action.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Control of Communicable Diseases Manual.

Notes:



Competency 18:

Plan surveillance measures.

Community Health Clarifying Statement:

Contact local health authorities to determine incidence and prevalence of health problems in the community.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

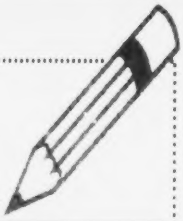
Example Resources

Canadian Immunization Guide.

Community Health Nursing: Caring in Action.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Notes:



Competency 19:

Implement surveillance measures.

Community Health Clarifying Statement:

Track the number of cases accessing data sources as planned using a pre-set protocol in order to determine if cases are occurring and at what rate (e.g., monthly statistics, community activity reporting systems, etc.).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

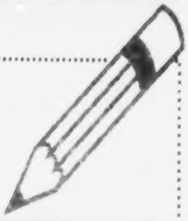
Canadian Tuberculosis Standards.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Control of Communicable Diseases Manual.

Nursing in the Community.

Notes:



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Example Resources

Canadian Tuberculosis Standards.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Control of Communicable Diseases Manual.

Nursing in the Community.

Notes:

Competency 20:

Evaluate surveillance measures.

Community Health Clarifying Statement:

Determine, in the event of an outbreak, if the cases that were identified were picked up in a timely manner so that outbreak and/or control measures could be implemented to minimize or prevent the problem in question (e.g., tuberculosis and contact tracing).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Notes:

Community Development

Competency I:

Encourage clients to be actively involved in community development for the purpose of building healthy communities.

Community Health Clarifying Statement:

Organize and/or support community groups (clients) to define their health issues. Support the community to plan and implement their strategies for social action or change. Support the client in becoming increasingly self-reliant and capable of decision making (e.g., programs to support healthy infant nutrition, peer support among breast-feeding mothers, etc.).

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Notes:

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Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

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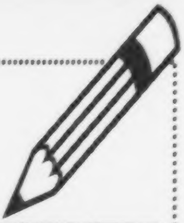

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Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Notes:

Competency 2:

Perform community needs assessments.

Community Health Clarifying Statement:

Familiarize themselves with the community in terms of economics, recreation, physical environment, education, communication, politics and government, safety and transportation, and health and social services.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

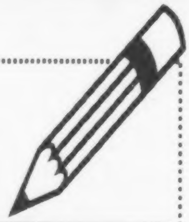
Community Health and Wellness: A Socioecological Approach.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Notes:



Competency 3:

Identify community needs and resources based on community assessment data and knowledge of the determinants of health.

Community Health Clarifying Statement:

Focus on factors that will enhance the health and well being of the population. Needs and resources may affect the entire population or a subgroup of the population (e.g., first aid education for medical drivers). Socio-economic determinants of health include: income, social status, education, self-esteem, social networks, and a sense of control over one's life.

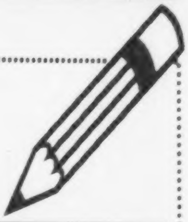
Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Tuberculosis Standards.
Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Community Health Nursing: Theory and Practice.

Notes:



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Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Nursing: Promoting Canadians' Health.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

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Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

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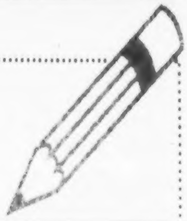

Competency 4:

Collaborate with community members to assess and prioritize their community needs and resources.

Community Health Clarifying Statement:

Work with partners who have a stake in the issue by establishing relationships that are both collaborative and intersectorial. Recognize that all members contribute various forms of expertise. Nurture relationships so that groups are equitable in their decision making.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Caring in Action.
Community Health Nursing: Theory and Practice.
Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Notes:

Competency 5:

Develop community health programs in partnership with community members.

Community Health Clarifying Statement:

Work in partnership with community members in establishing health promotion/prevention programs specific to the community members' needs. Plans include: validating the community's need, setting goals and objectives, identifying resources available or needed, and developing strategies that meet the objectives. For example, in the case of nutrition for diabetes, supports local groups in developing educational cooking classes and works with local food stores to stock lower fat/sugar free food items.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.
Community Health Nursing: Theory and Practice.
Community Nursing: Promoting Canadians' Health.

Notes:

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Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing: Caring in Action.
Community Health Nursing: Theory and Practice.
Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

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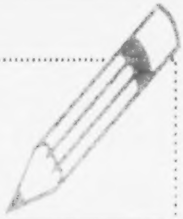

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Example Resources

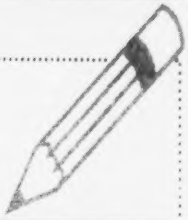
Community Health and Wellness: A Socioecological Approach.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Health Nursing: Theory and Practice.

Community Nursing: Promoting Canadians' Health.

Notes:



Competency 6:

Implement community health programs in partnership with community members.

Community Health Clarifying Statement:

Promote a sense of ownership in the community in terms of the event or program. Encourage all members to assume some responsibility for implementation of the program.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Health Nursing: Theory and Practice.

Nursing Care in the Community.

Notes:

Competency 7:

Promote healthy public policies.

Community Health Clarifying Statement:

Work with community members looking at health practices in their community, the effects of these practices on the community members, and what they can do to improve the health in the community in promoting healthy activities. For example, regulations that restrict smoking in public places.

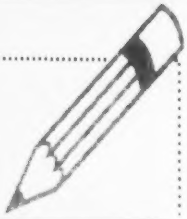
Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Immunization Guide.
Community Health and Wellness: A Socioecological Approach.
Community Health Nursing.
Community Health Nursing: Concepts and Practices.
Compendium of Pharmaceuticals and Specialties.

Notes:



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Treatment Clarifying Statement:

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Example Resources

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Community Health Nursing: Theory and Practice.

Nursing Care in the Community.

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Example Resources

Canadian Immunization Guide.
Community Health and Wellness: A Socioecological Approach.
Community Health Nursing.
Community Health Nursing: Concepts and Practices.
Compendium of Pharmaceuticals and Specialties.

Notes:

Competency 8:

Evaluate community health programs in partnership with community members.

Community Health Clarifying Statement:

Conduct evaluation as a group either formatively or summatively. Focus on the health issue as defined by the group and whether or not they achieved their objectives.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.

Community Health Nursing.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Notes:

Competency 9:

Implement modifications to community health programs in partnership with community members.

Community Health Clarifying Statement:

Work with community members to decide as a group what changes may need to be done during the program or after the program was implemented.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Canadian Tuberculosis Standards.

Community Health and Wellness: A Socioecological Approach.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.

Notes:

Competency 8:

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Community Health Clarifying Statement:

Conduct evaluation as a group either formatively or summatively. Focus on the health issue as defined by the group and whether or not they achieved their objectives.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health and Wellness: A Socioecological Approach.
Community Health Nursing.
Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

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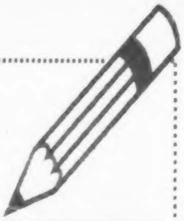

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Work with community members to decide as a group what changes may need to be done during the program or after the program was implemented.

Treatment Clarifying Statement:

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Example Resources

- *Canadian Tuberculosis Standards.*
- *Community Health and Wellness: A Socioecological Approach.*
- *Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.*
- *Comprehensive Community Health Nursing: Family, Aggregate, and Community Practice.*

Notes:

Competency 10:

Participate in the development and maintenance of community emergency preparedness.

Community Health Clarifying Statement:

Participate as a member of the local disaster planning committee. Act as an advisor regarding the health effects of the disaster and methods to maintain health (e.g.. drinking water). Understand reporting communication process during a disaster (e.g.. local Director of Disaster Services collaborates with provincial emergency measures organizations to decide when to evacuate). Orientate staff to disaster procedures for health facility and community (i.e.. internal versus external disasters). Maintain register of clients at risk in the community who would be prioritized for evacuation and advise those in charge of the evacuation regarding who is a priority.

Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing.
Community Health Nursing: Promoting Health of Aggregates. Families. and Individuals.
Course Manual: Emergency Health Services Planning. Emergency Social Services Planning.
Occupational Health and Safety.

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Treatment Clarifying Statement:

Same as Community Health but not evaluated in the Treatment multiple-choice exam.

Example Resources

Community Health Nursing.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals.

Course Manual: Emergency Health Services Planning, Emergency Social Services Planning.

Occupational Health and Safety.

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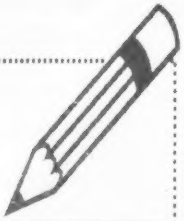

Resource List

A Manual of Laboratory and Diagnostic Tests. Fischback, F., New York: Lippincott.

A Nurse's Practical Guide to the Law. Grant, A. E. & Ashman, A. A., Aurora, ON: Aurora Professional Press.

Adult Nurse Practitioner Certification Review Guide. Millonig, V. L., Maryland: Health Leadership Associates.

Advanced Practice: Psychiatric Nursing. Burgess, A. W., Stamford, CT: Appleton & Lange.

Basic Medical Techniques and Patient Care in Imaging Technology. Torres, L. S., Philadelphia: Lippincott.

Basic Trauma Life Support for Paramedics and Advanced EMS Providers. Campbell, J. E., Englewood Cliffs, NJ: Prentice Hall.

Bate's Guide to Physical Examination and History Taking. Bickley, L. S., & Hoekelman, R. A., Philadelphia: Lippincott.

Cambridge Textbook of Accident and Emergency Medicine. Skinner, D., Swain, A., Peyton, R., & Robertson, C., Cambridge, UK: University of Cambridge.

Canadian Asthma Consensus Conference Summary Recommendations. Ernst, P., Fitzgerald, J. M. & Spier, S. (1996). Canadian Respiratory Journal, 3(2), 89-100.

Canadian Tuberculosis Standards. Gloucester, ON: The Canadian Lung Association.

Cardiac Diagnostic Tests. Van Riper, S. & Van Riper, J., Philadelphia: W. B. Saunders.

Child Health Nursing: Care of the Child and Family. Pillitteri, A., Philadelphia: Lippincott.

Clinical Decision Making for Nurse Practitioners: A Case Study Approach. Robinson, D. L., Philadelphia: Lippincott.

Clinical Guidelines in Family Practice. Uphold, C. R. & Graham, M. V., Gainsville, FL: Barmarrae Books, Inc.

Code of Ethics for Registered Nurses. Canadian Nurses Association, Ottawa, ON: CNA.

Communication Skills for the Health Care Professional: Concepts and Techniques. Van Servellen G., Maryland: Aspen.

Community Health and Wellness: A Socioecological Approach. McMurry, A., Sydney: Mosby.

Community Health Nursing: Caring in Action. Hitchcock, J. E. & Thomas, S. A., Albany, NY: Delmar Publishers.

Community Health Nursing: Concepts and Practices. Spradley, B. W. & Allender J. A., Philadelphia: Lippincott.

Community Health Nursing: Promoting Health of Aggregates, Families, and Individuals. Stanhope, M. & Lancaster, J., St. Louis, MO: Mosby.

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Supplementary – General Reading List

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Education Programs

Community Health Nursing in First Nations and Inuit communities requires a unique body of knowledge, skills, and abilities. If you are interested in developing and strengthening these competencies, an education program in Clinical Skills and/or Community Health will help you meet the competencies required of Community Health Nurses. Below is a list of current FNIHB Recognized Education Programs for Clinical Skills and Community Health Scope of Practice.

Clinical Skills Programs

1. **Advanced Clinical Nursing**
   Saskatchewan Institute of Applied Science and Technology
   Regina, SK
   (306) 798-4356
   www.siast.sk.ca

2. **Northern Clinical Practice Program ***
   Lakehead University
   Thunder Bay, ON
   (807) 343-8110
   www.lakeheadu.ca

3. **Primary Care Skills Program***
   University of Manitoba
   Winnipeg, MB
   (204) 474-6353
   www.umanitoba.ca

4. **Program for Nursing within First Nations ***
   Saskatchewan Indian Federated College
   Prince Albert, SK
   (306) 763-0066
   www.sifc.edu

Community Health Programs

1. **Community Health Nursing ***
   University of Manitoba
   Winnipeg, MB
   (204) 474-6353
   www.umanitoba.ca

2. **Community Health Nursing in First Nations ***
   Lakehead University
   Thunder Bay, ON
   (807) 343-8110
   www.lakeheadu.ca

3. **First Nations Community Health Nursing ***
   University of Victoria
   Victoria, BC
   (250) 721-7954
   http://web.uvic.ca

4. **Program for Nursing within First Nations ***
   Saskatchewan Indian Federated College
   Prince Albert, SK
   (306) 763-0066
   www.sifc.edu

** Programs funded by First Nations and Inuit Health Branch*

Additional Recognized Community Health Programs include Bachelor of Science in Nursing, Baccalaureate in Nursing, Public Health Nursing Diploma, and the Health Visitors Certificate from the United Kingdom.